

# LADAKH NUNS ASSOCIATION

## *NEWSLETTER 2020*



2020, the year of pandemic. As we all know that this year has been an unforgettable year for the world as a small virus has spread in the world and has affected lots of people. Every institutions, offices and schools has been shut down due to the pandemic. So, every schools and institutions have started to take online classes, which is a very new technique way for some students, specially who are in Ladakh. Our students also got that nice opportunity.

Firstly, the student who are studying in CIBS Ladakh, has started online classes from March.

Secondly, the students who are studying in Varanasi were also back to Ladakh and they are also taking their classes through online. And done their exam and

submitted assignments through online only. And still they are continuing their classes daily.

Thirdly, the little nuns who are studying in Diet school in Ladakh are also getting their online classes regularly. They had also finished their exam through online.

In LNA itself, many work has been completed.

1. We have built a two stupa for the good health and longevity of His Holiness The Dalai Lama and all Rinpoches or religious head and all sentient beings too. To complete that stupa, all nuns and also many lay people has extended their helping hands.
2. We have done special prayer for the whole world to dissipate the pandemic soon.

Due to the pandemic, this time we couldn't organize special programme but, our students have participated in different competition which held online.

And few of them also got come out with flying colours.

Our clinic has been kept open for all people with all precautions or SOP as given of government.

Many people received a great help from our clinic too.

Besides, LNA has organized online Mind Training Dharma and Buddhist Philosophy Classes to the lay people of Ladakh. The online classes is smoothly carried by the renowned scholar of Ladakh, Venerable Gesha Thupstan Zotpa and every people participated actively and enthusiastically, so LNA contribute immensely to the society of Ladakh in the field of Buddha Dharma too.

Thus, in every field our students are managing their time and giving their efforts in their online classes. As well as, everyone is praying everyday to overcome the pandemic soon.

LNA extends our deepest appreciation and gratitude to all the kind supporters who help us in continuing as well as to fulfil our mission. May all benefits, live in equanimity, be happy, free of suffering and live in bliss without sorrow!

